

My reflection on Pope Francis sermon on Friday night's Urbi et Orbi

The Calming of the storm.

This gospel means a lot to me. During my life in my dark moments I have often been on that boat with Jesus. During the greatest storm in my life I wondered "Where are you Jesus? Do you not care about me?" I am drowning in my sadness and hurts and do not know where to turn. You promised me that you could give me a peace that no human being could bring. I actually screamed at Jesus just like the disciples on the boat. Jesus help me, I am so confused, please send me someone to help and understand me. I then kind of felt guilty shouting at Jesus. I got great consolation from the fact that the disciples were so close to Him and were travelling with Him each day and saw his great works but were still afraid. Jesus answered my plea by sending me people who walked with me and brought me new confidence and belief that He is there for me in all situations.

We are all now in this boat together and Jesus is at the helm minding us. He is telling us "Do not be afraid I am with you." A tiny flicker of hope is enough to start our journey out of darkness. A single individual with hope can shatter the shield of darkness at this time.

Lord please help us to carry this flicker of hope which is in us to all and let this hope spread the Good News in the gospel each day. Jesus loves each one of us.

I was delighted Pope Francis reminded me of this gospel in his sermon.